

Corn Muffin



Nutritional Facts Per Serving (80g)

Calories 430	Calories from Fat 190
	% Daily Value
Total Fat 22g	33%
Saturated Fat 4g	21%
Trans Fat 0g	
Cholesterol 80mg	27%
Sodium 300mg	12%
Total Carbohydrate 53g	18%
Dietary Fiber 1g	6%
Sugars 23g	
Protein 6g	
Vitamin A 2% • Vitamin C 0% • Calcium 2% • Iron 6%	

*Percent Daily Values are based on a 2,000 calorie diet.

**Each caffeine value is an approximate value.

Allergy Information

Contains: Wheat, Milk, Soy, Eggs